

Nicky J Newton
Research Fellow
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Nationality: New Zealander; permanent resident of U.S.

Education

Ph.D., University of Michigan, Ann Arbor, Personality and Social Contexts Psychology, 2011
M.A., University of Michigan, Ann Arbor, Psychology, 2007
B.A., magna cum laude, University of California, Berkeley, Psychology 2004.

Research Fellow: Selected to participate in the International Max Planck Research School "The Life Course: Evolutionary and Ontogenetic Dynamics (LIFE)" exchange program. Institutions in Germany, Switzerland and two top universities in the United States (University of Virginia and University of Michigan) participate in this international exchange program. I have attended four international academies in Berlin, Zurich and Ann Arbor as well as regular seminars at the University of Michigan. Commencement: Ann Arbor, May 2011.

Research interests include: lifespan development; developmental life transitions; the influence of social roles on personality; aging and well-being; midlife personality development; life path choices (career, family) and their outcomes in later life.

Employment

2014 – 2015: Research Fellow, Institute for Social Research, University of Michigan; Ann Arbor, Michigan.

2012 – 2014: Assistant Research Professor, Foley Center for the Study of Lives, Northwestern University; Evanston, Illinois.

2012 – 2015: Adjunct Research Assistant Professor, Survey Research Center of the Institute for Social Research; Ann Arbor, Michigan.

2011 – 2012: Assistant Professor of Psychology, Youngstown State University; Youngstown, Ohio.

Courses taught:

- Lifespan Development
- General Psychology
- Research Methods and Statistics

2006 – 2010: Graduate Student Instructor, University of Michigan

Sections taught:

- Introduction to the Psychology of Personality; three semesters
- Introduction to Psychology
- Political Psychology

Publications

Newton, N. J., & Stewart, A. J. (2010). The middle ages: Change in women's personalities and social roles. *Psychology of Women Quarterly*, 34, 75-84. doi: 10.1111/j.1471-6402.2009.01543.x.

Stewart, A. J., & Newton, N. J. (2010). Gender, adult development, and aging. In J. C. Chrisler & D. R. McCreary (Eds.), *Handbook of Gender Research in Psychology* (pp.559-580). New York: Springer.

Newton, N. J., Torges, C. M., & Stewart, A. J. (2012). Women's regrets about their lives: Cohort differences in correlates and contents. *Sex Roles*, 66(7), 530-543. doi:10.1007/s11199-012-0126-6.

Birditt, K.S., Newton, N., & Hope, S. (2012). Implications of marital/partner relationship quality and perceived stress for blood pressure among older adults. *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*. doi:10.1093/geronb/gbs123.

Newton, N. J., & Stewart, A. J. (2012). Personality development in adulthood. In S. K. Whitbourne & M. Sliwinski (Eds.), *Handbook of Developmental Psychology: Adult Development and Aging*. New York: Wiley-Blackwell.

Edelstein, R., Newton, N. J., & Stewart, A. J. (2012). Narcissism in midlife: The developmental course and correlates of women's narcissistic personality traits. *Journal of Personality*, 80(5), 1179-1204. doi: 10.1111/j.1467-6494.2011.00755.x.

Newton, N. J., & Stewart, A. J. (2013). The road not taken: Women's life paths and gender-linked personality traits. *Journal of Research in Personality*, 47, 306-316. doi:10.1016/j.jrp.2013.02.003.

Versey, H. S., & Newton, N. J. (2013). Generativity and productive pursuits: Pathways to successful aging in late-midlife African American and White Women. *Journal of Adult Development*. doi: 10.1007/s10804-013-9170-x.

* Newton, N. J., Herr, J. M., Pollack, J. I., & McAdams, D. P. (2014). Selfless or selfish? Generativity and narcissism as components of legacy. *Journal of Adult Development*, 21(1), 59-68. doi: 10.1007/s10804-013-9179-1.

* Newton, N. J., & Baltys, I. H. (2014). Parent status and generativity within the context of race. *International Journal of Aging and Human Development*, 78(2), 171-195.

Newton, N. J., Ryan, L. H., King, R. T., & Smith, J. (2014). Cohort differences in the marriage-health relationship for midlife women. *Social Science & Medicine*, 116, 64-72. doi: 10.1016/j.socscimed.2014.06.040.

Newton, N. J. (in press). Generativity. In S. K. Whitbourne (Ed.), *Encyclopedia of Adulthood and Aging*. New York: Wiley-Blackwell.

* Newton, N. J., & Jones, B. K. (under review). Passing on: Personal attributes associated with midlife expressions of intended legacies.

Birditt, K. S., Newton, N. J., Cranford, J., & Ryan, L. H. (in preparation). Chronic stress and blood pressure among older couples: The moderating role of negative marital relationship quality.

* Russell, S. A., Newton, N. J., & McAdams, D. P. (in preparation). Body appreciation and well-being: Differences and similarities among midlife men and women.

Newton, N. J., & Stewart, A. J. (in preparation). Midlife regrets: Associations between trajectories over twenty years, regret resolution, and personality.

Ryan, L. H., Newton, N. J., Labelle, O., Gach, E., & Chen, N. (in preparation). Why should I be grateful? Critical considerations of gratitude for older adults.

**Denotes work produced with undergraduate or graduate students*

Awards and Grants

John Templeton Foundation grant, January 2014 – December 2015.

Project Title: Gratitude in an Aging Society. Principal Investigator: Lindsay Ryan

Amount: \$172,152. Role: Co-Investigator

Libby Douvan Junior Scholar in Life Course Development, 2011; amount: \$3,940

University of Michigan Rackham Travel Award for conference presentations (2006, 2007, 2008, 2009, 2010)

University of Michigan Department of Psychology Dissertation Fellowship (2011)

Professional Presentations

Newton, N. J., & McDermott, C. (2006, July). Dear Dr. Jones or waasup Jane? Gender political ideology and forms of address. Paper presented at International Society of Political Psychology meeting, Barcelona, Spain.

Newton, N. J. (2007, May). College-educated women in midlife: Personality development and gender identities. Poster presented at the LIFE Academy, Max Planck Institute, Berlin, Germany.

Newton, N. J. (2007, September). Social influences on personality: Gender roles: career and family. Guest lecture for Introduction to the Psychology of Personality course (Psych 290), University of Michigan, Ann Arbor.

Newton, N. J. (2007, November). Personality development in midlife: Identity, intimacy, generativity and gender roles in college-educated women. Poster presented at the Gerontological Society of America meeting, San Francisco.

Newton, N. J. (2008, March). College-educated women in midlife: Personality development and social projects. Personality & Social Contexts area brown bag, University of Michigan, Ann Arbor.

- * Feng, B. J., Newton, N. J., & Stewart, A. J. (2008, April). Retirement and well-being in late midlife women. Poster presented at undergraduate research symposium, University of Michigan, Ann Arbor.
- Newton, N. J. (2008, July). The long-term impact of the Sexual Revolution on midlife women. Paper presented at the Society for the Psychological Study of Social Issues meeting, Chicago.
- Newton, N. J. (2008, November). Sex, gender, and personality. Guest lecture for Introduction to the Psychology of Personality course (Psych 290), University of Michigan, Ann Arbor.
- * DiSipio, A. M., Newton, N. J., & Stewart, A. J. (2009, April). When I'm 64: The influence of social events on midlife personality. Poster presented at Undergraduate Research Opportunities Project symposium, University of Michigan, Ann Arbor.
- Newton, N. J. (2009, May). Personality development among women with non-normative life paths. Preliminary dissertation work presented at the International LIFE Academy, Zurich, Switzerland.
- Newton, N. J., Torges, C. M., Stewart, A. J., & Nolen-Hoeksema, S. (2009, August). Regret in the face of bereavement: Adaptation to loss over time. Poster presented at the American Psychological Association meeting, Toronto, Canada.
- Newton, N. J., Torges, C. M., Stewart, A. J. (2009, November). Regret through the ages: missed opportunities, external restrictions, and well-being. Paper presented at the Gerontological Society of America meeting, Atlanta (symposium chair).
- Newton, N. J., & Versey, H. S. (2010, February). Predictors of successful aging in African American and White women. Paper presented as part of the symposium titled The Psychology of "Women of a Certain Age" at the Association for Women in Psychology meeting, Portland, Oregon.
- Newton, N. J. (2010, February). Personality development in the middle ages: Generativity and expanding circles of care. Personality & Social Contexts area brown bag, University of Michigan, Ann Arbor.
- Newton, N. J. (2010, March). Aging women: normative and non-normative life paths. Guest lecture for Introduction to the Psychology of Women course (Psych 499), University of Michigan, Ann Arbor.
- * Hope, S. M., Newton, N. J., & Stewart, A. J. (2010, April). Relationships between race, generativity, activist identification, and activism. Poster presented at honors research forum, University of Michigan, Ann Arbor.
- Newton, N. J. (2010, September). Neo-analytic and ego approaches to personality. Guest lecture for Introduction to the Psychology of Personality course (Psych 290), University of Michigan, Ann Arbor.
- Newton, N. J. (2010, November). Social roles and midlife personality development: Taking the path less traveled. Paper presented at the Gerontological Society of America meeting, New Orleans (symposium chair).

Newton, N. J. (2011, November). The road less travelled: Life paths, personality development, and well-being. Paper presented at the Gerontological Society of America meeting, Boston.

Newton, N. J. (2011, November). Women's lives: How the social context can influence the paths to personality development. Guest lecture for Women in Literature course, Youngstown State University.

Newton, N. J., & Stewart, A. J. (2012, April). Roads less travelled: Non-normative life paths and personality development. Paper presented at the meeting of the Ohio Association of Gerontology and Education, Youngstown, Ohio.

Newton, N. J., Ryan, L. H., King, R. T., & Smith, J. (2012, July). Cohort and marital status in midlife: Evidence for delayed onset of women's health issues. Paper presented at the meeting of the International Society for the Study of Behavioral Development, Edmonton, Canada (symposium chair).

Newton, N. J., & Stewart, A. J. (2012, November). "Regrets? I've had a Few": A longitudinal study of regret patterns in late midlife. Paper presented at the meeting of the Gerontological Society of America, San Diego.

Newton, N. J. (2013, August). Family support and individual health: Important midlife considerations for continued aging in place. Paper presented at the August 2013 meeting of the American Psychological Association meeting, Hawaii (symposium chair).

Newton, N. J., & McAdams, D. P. (2013, November). The landscape of midlife: Social support, social roles, generativity, and well-being. Paper presented at the meeting of the Gerontological Society of America, New Orleans (symposium co-chair).

Newton, N. J. (2014, April). Passing On: Associations between personal attributes and intended legacies for midlife adults. Clinical, Personality & Health Psychology area brown bag, Northwestern University, Evanston, Illinois.

Newton, N. J., & McAdams, D. P. (2014, May). Generativity within the context of race for grandparents, parents, and non-parents. Paper presented at the meeting of the Association for Psychological Science, San Francisco.

Newton, N. J. (2014, November). Midlife personality development: Gender differences in adjustment and growth. Paper to be presented at the meeting of the Gerontological Society of America, Washington, DC.

* Newton, N. J., & Russell, S. A. (2014, November). Something to lose: Midlife body image and weight-related goals as midcourse corrections. Paper to be presented at the meeting of the Gerontological Society of America, Washington, DC.

* *Denotes work produced as mentor with undergraduate and graduate students*

Specialized Training

Preparing Future Faculty seminar, May 2010: Selected to participate in a month-long seminar organized by the Center for Research in Learning and Teaching (CRLT, University of Michigan) that focuses on preparing 50 graduate students from all fields for academic teaching positions.

Statistics courses taken:

Regression Analysis I: An Introduction
 Structural Equation Models: An Introduction
 Applied Structural Equation Modeling
 Introduction to SAS

Service

Associate Editor for the Encyclopedia of Adult Development and Aging (Personality and Social Psychology section) to be published by Wiley-Blackwell, 2015.

Reviewer, Abstract submissions for the 2014 meeting of the Gerontological Society of America (GSA)

Ad hoc journal reviewing for:

Developmental Psychology
 Journal of Adult Development
 Psychology and Aging
 Personal Relationships
 Personality and Mental Health

At University of Michigan:

Personality & Social Contexts brown bag committee, 2008-2010
 Moderator of P&SC 'blog' for dissemination of unofficial information regarding area requirements and professional development, 2008-2010
 Supervision and mentoring of undergraduate students, Gender and Personality in Context lab, 2006-2011
 Departmental Associate, 2008-2009 (attend monthly faculty meetings as an area representative)
 Personality & Social Contexts requirements committee, 2007-2008
 Personality & Social Contexts admissions committee, 2007

At Youngstown State University:

Steering Committee: Proposed Gerontology MA program
 Undergraduate Programs & Curriculum
 Student Development/Advising
 Dean's Advisory Council

Professional Memberships

International Society for the Study of Behavioral Development (2012-2013)
 Association for Psychological Science (2010 - present)
 American Psychological Association (2003-present)
 LIFE fellow (2006-2011)
 Gerontological Society of America (2007-present)
 Society for Personality and Social Psychology (2005-present)